



Showcase Newsletter

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Newsletter Introduction

Welcome to the March edition of Showcase's Newsletter! Aiming to give all our readers an insight into key updates within our sectors, the monthly editions will guide you through key legislation updates, Government policies, news stories that have caught our eye, and things to be aware of coming up over the next few weeks.

If you have any suggestions on features to highlight please do email them to hello@showcasetraining.co.uk and we'll be happy to work with you.

We hope you enjoy the newsletter and find the content useful and interesting to read.

Message from the Author

Prime Minister, Boris Johnson, announced the government's roadmap out of lockdown this month, and this has provided so many of us with just the boost we needed! The key dates to be aware of are:

- 8th March: schools, colleges and universities return; you can leave home for recreation outdoors such as a coffee or picnic with their household or support bubble, or with one person outside their household
- 29th March: outdoor gatherings of 6 people or 2 households will be allowed; outdoor sport facilities will reopen.
- 12th April: Non-essential retail and personal care, outdoor attractions, indoor leisure facilities, and outdoor hospitality services will reopen.
- 17th May: outdoor social contact rules lift, and groups of up to 30 can meet; outdoor performances reopen; indoor hospitality reopens; some indoor and outdoor larger performances/sporting events will be allowed.
- 21st June: all legal limits on social contact lifted.

The full guidance and stipulations are available on the Gov website (<https://www.gov.uk/government/news/prime-minister-sets-out-roadmap-to-cautiously-ease-lockdown-restrictions>). It is clear that each milestone date can only proceed given that the vaccine programme continues successfully; evidence continues to show the vaccine is working; infection rates drop; and new variants do not become a cause for concern. However, this is a huge step forward and something to be celebrated! Keep going and remember: **stay safe, stay at home, and wash your hands.**



*Stay Safe, Stay at Home,
and Wash Your Hands*



Equality and Diversity in the News

The brother of ex-Labour leader Jeremy Corbyn, Piers Corbyn, has been arrested for 'malicious communications and public nuisance' for the distribution of leaflets featuring imagery comparing the COVID vaccine rollout to Auschwitz and the Holocaust. The leaflet also falsely claimed that some 'vaccines contain nanochips which can electronically track recipients.' The leaflets have been widely criticised, though supporters argue no criminal offence has taken place.

<https://www.bbc.co.uk/news/uk-england-london-55933373>

<https://www.standard.co.uk/news/politics/mp-police-investigation-piers-corbyn-leaflet-covid-vaccine-auschwitz-b918432.html>



Dance label, R&S Records, is being sued for unfair dismissal and racial discrimination against black and female artists. The organisation strongly denies the claims and indicates the claims come from a 'disgruntled' former employee.

<https://www.bbc.co.uk/news/entertainment-arts-55954706>

Female UK jazz musicians frequently face sexual harassment and discrimination in the industry, according to a recent report. 90% of women interviewed for the report said they had faced gender-based discrimination in their careers.

<https://www.theguardian.com/music/2021/feb/16/female-uk-jazz-musicians-face-sexual-harassment-and-discrimination-says-report>

Three men have been charged for the racial abuse and assault of a taxi driver in Basingstoke. Aged between 19 and 20, all three are due to appear in court in April facing additional charges including public order offences, theft, and criminal damage.

<https://www.hampshire.police.uk/news/hampshire/news/news/2021/february/three-charged-for-racial-abuse-of-taxi-driver-in-basingstoke/>



Extremism and Radicalisation in the News

Concerns about fake and misleading videos surrounding the COVID vaccine are continuing to cause concern this month, with many professionals and celebrities joining forces to attempt to counteract the damaging messages being shared. There is particular concern amongst the BAME community, and England's Deputy Chief Medical Office, Jonathan Van-Tam (JVT) has shared his concerns with the impact this may have on the uptake of the vaccine.

Amongst the more common claims of the vaccine turning you into a reptile or implanting you with a tracking chip, videos also perpetuate more 'believable' things like the increase to fertility – disinformation that is causing great resistance to the vaccination programme.

The UK is unlikely to mandate the vaccine as it is firmly believed that personal choice should be respected, but what do you think? Should it be mandatory, or mandatory for certain industries? What about the idea of vaccine passports/ certificates?

<https://www.bbc.co.uk/news/av/health-55994597>

<https://www.bbc.co.uk/news/newsbeat-56008081>

<https://www.bbc.co.uk/news/uk-england-leicestershire-56069325>

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A teenager in Cornwall has been charged with offences against the Terrorism Act. The 16-year-old male, who cannot be named for legal reasons, has been sentenced to a 2-year rehabilitation order due to activity including right-wing extremism, homophobia, white supremacism, and leading the UK cell for the international online extremist organisation Feuerkrieg Division (FKD).

<https://www.counterterrorism.police.uk/teenager-from-cornwall-sentenced-for-terrorism-offences/>

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The Home Office has created two Understanding Radicalisation case studies on Articulate, one for the Jack Renshaw case (see further BBC articles below), and one for the Salman Abedi case (the Manchester Arena bomber). The case studies demonstrate the gradual process of radicalisation and how many activities leading up to extremist acts are not necessarily ones to cause concern – being alert and informed of what to look out for is absolutely key.

Check it out here:

https://rise.articulate.com/share/bofNcOEerBQZg5vuE2ER3eHkRhY5Dlsj#/lessons/u6V_gsA1KcLXc67XWbBrAfs5VsJ7iIBX

<https://www.bbc.co.uk/news/uk-44622497>

<https://www.bbc.co.uk/news/uk-england-lancashire-48306380>

Regional Prevent Co-Ordinators:

- Salam Katbi (South West): 07824 083307
- Alamgir Sheriyar (South East): 07468 714372

Anti-Terrorism Hotline:
0800 789 321

Crime Stoppers:
0800 555 111

See It. Say It. Sorted.
0800 40 50 40 or
Text 61016

<https://actearly.uk/>

**If in doubt, dial 101 or
999**



Safeguarding Updates

Fashion house, Yves Saint Laurent, have partnered with Women's Aid England as part of the global YSL Beauty programme 'Abuse is not Love'. The main aim of the partnership is to 'fight against intimate partner violence' (or IPV), which is a form of domestic abuse (DA).

YSL and Women's Aid have created a 'four pillar' programme including funded training for young people and children, educating them on gender and sexism and how to 'expect respect' throughout their lives, but especially in relationships. The programme also educates school advocates and YSL Beauty corporate and frontline teams in understanding and identifying abusive relationships. The brand is also contributing to funding research studies on 'youth and prevention', aiming to have a longer-term impact on combating intimate partner violence.

<https://www.yslbeauty.co.uk/in-the-now/womens-aid.html>

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The Scottish Football Association (FA) has issued a 'profound apology' following the final report of the Independent Review of Sexual Abuse in Scottish Football. Since 2016, recommendations for improvements have been implemented, but the revision of the report has produced a comprehensive set of actions aiming to ensure a safe environment for young footballers and an opportunity for victims to have confidence in speaking up and sharing their experiences.

<https://www.scottishfa.co.uk/news/final-independent-report-into-non-recent-sexual-abuse-in-scottish-football-published/?rid=14258>

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Channel 4 have aired a short series called Undercover Police: Hunting Paedophiles this month, following police activity aiming to catch sexual predators online. 2 of the 3 episodes can be watched on Channel 4 On Demand either online or via TV streaming apps, but we advise to **watch with caution**. The documentary is extremely hard-hitting and shocking.

<https://www.channel4.com/programmes/undercover-police-hunting-paedophiles/on-demand/68379-002>

It's an interesting insight into the world of hunting predators online and the many different angles to be considered, as well as being a firm reminder of the legal intricacies the police face to prosecute perpetrators. The police are best placed to investigate criminal activity and have specially-trained, dedicated teams to do this – vigilante groups ('paedo hunters') are not necessarily helpful, so if you have any concerns you must report to the police ASAP (**999 or 101**).

Local Safeguarding Teams:

Portsmouth

Children: 0845 671 0271

Adults: 02392 688 613

Southampton

Children: 02380 833 336

Adults: 02380 833 003

Isle of Wight

Children: 01983 814 545

Adults: 01983 814 980

Hampshire

Children: 0300 555 1384

Adults: 0300 555 1386

Wiltshire

MASH Hub: 0300 456 0108

Dorset

West: 01305 221196

East: 01202 458873

Berkshire

01635 503090

Showcase Safeguarding Team

Designated Safeguarding

Officer (DSO):

Ellen Mould

07715 658036

Deputy DSO:

Louise Bloomfield

07597 366506

Office Number:

01329 848714

Safeguarding at Showcase Training

Follow our Safeguarding webpage for the latest news and advice regarding Safeguarding.

<https://showcasetraining.co.uk/safeguarding>

Online Safety

There has been a large amount of support for cracking down on online abuse towards professional sportsmen and women this month, particularly on social media. Facebook has condemned the continual attacks seen towards Premier League footballers and promises tougher measures to deal with those abusing others online.

<https://www.bbc.co.uk/sport/football/56007601>

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Microsoft have reported that ‘sophisticated’ attacks have occurred on multiple Exchange servers and have released a number of updates ahead of the normal monthly update cycle to address vulnerabilities used in the attacks. It’s important to ensure you install any updates pushed through to ensure your data and information is kept as secure as possible.

<https://www.ncsc.gov.uk/news/advice-following-microsoft-vulnerabilities-exploitation>



## Health and Well-Being

We’ve previously discussed the increase in alcohol abuse during the pandemic, with many people turning to the bottle as a source of comfort in the difficult times. However, the BBC has recently reported that alcohol-related deaths have increased as a result, sadly peaking at 12.8 deaths per 100,000 people in the first 3 months of 2020 – a record high. This rate has maintained throughout the year until September and further data is anticipated.

<https://www.bbc.co.uk/news/health-55900624>

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The Government have appointed Love Island’s Dr Alex George as Youth Mental Health Ambassador – a role aiming to shape children’s ‘mental health education and support in school’. This forms part of the Government’s wider plans to ‘build back fairer’ following the COVID pandemic, and his involvement has been widely praised as his following and influence on social media can be used in ensuring mental health remains a priority area.

<https://www.gov.uk/government/news/prime-minister-appoints-dr-alex-george-as-youth-mental-health-ambassador>

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There has been a ‘concerning rise’ in pre-teen self-harm, with reports indicating rates have doubled over the past 6 years. This in line with the impact of the pandemic on mental health has led to calls for more to be done towards mental health and well-being, especially for children and young adults.

<https://www.theguardian.com/society/2021/feb/16/self-harm-among-young-children-in-uk-doubles-in-six-years>

<https://www.bbc.co.uk/news/uk-55730999>

“*Right now, young people need a voice in government, and I hope that through this role I can advocate for meaningful change in this area.*

Dr Alex George

”

**Showcase Mental Health  
Lead:**

Nicola Bailey  
07597 366606



## Mental Health Feature: R;pple Suicide Prevention

Fareham resident, Alice Hendy, has set up a new charity following the tragic death of her brother in November due to suicide. Working in IT and Cyber Security, Alice has used her technical know-how to create an intervention platform after discovering her brother had spent time researching techniques to take his own life leading up to his passing.

R;pple (<https://ripplesuicideprevention.com>) is an 'online nudge technique' that uses keyword data to flag common search terms relating to self-harm and suicide. If someone was to search for a keyword on a web search, forum or video sharing site, the tool automatically displays supportive information to the person searching for harmful information, before their search results are loaded. The R;pple page displayed includes a variety of organisations and contact methods, urging users to seek help and advice from charities including Calm, MindUK, YoungMinds, Papyrus, Shout, and Grassroots.

The website reports 1.2 million web searches for taking one's own life every month, and a life is lost to suicide every 90 minutes in the UK; 26% of deaths are attributed to suicide-related internet use in under 20s, and 13% of 20-24 year-olds.

The charity aims to raise awareness of the subject, and much needed support and funds to implement the tool on a web-wide basis. Their website currently promotes podcasts and support already available, but this technology will be a game-changer for monitoring and flagging harmful online content.

<https://news.sky.com/story/i-couldnt-save-my-brother-from-suicide-but-my-game-changing-tech-could-save-others-12222867>

<https://www.dailyecho.co.uk/news/19094704.new-charity-set-tribute-fareham-brother-died/>

### What do you think?

How do you think this technology might help in other areas?

Could it have different purposes/ applications?

What are the legal considerations required, especially on an international platform?

### Showcase Mental Health Lead:

Nicola Bailey  
07597 366606



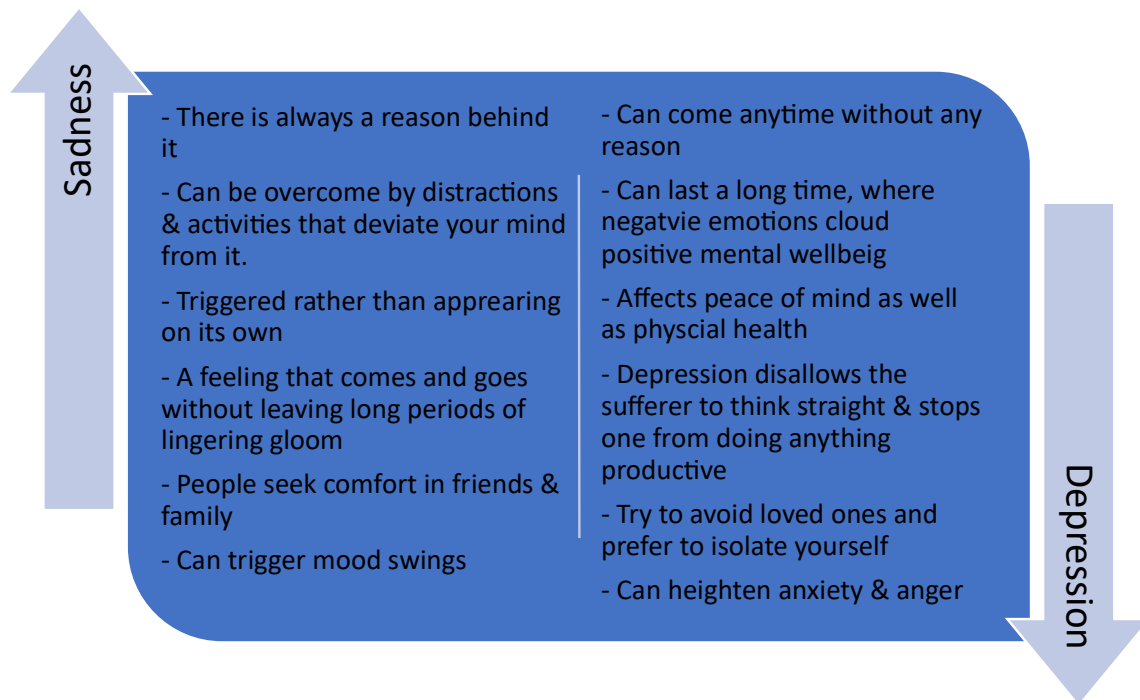
“R;pple aims to reduce exposure to harmful online content through a real-time page display and keyword configuration to encourage mental health support and awareness”

## Sadness vs Depression

*“Life is an ocean and we humans are the tiny boats that have to tackle the tides of life”*

Life takes us on many different paths which involves many different emotions, and whilst many will be great adventures, it is inevitable that we will also experience sadness. For some people, this sadness overcasts such a darkness that it turns into depression, and at this point it is time to seek support and help.

But how do we know if we are sad or depressed? People often mistake sadness for depression and vice versa, but there are some key differences. Take a look at the chart below to see more:



Find advice and support on depression from the NHS website:  
<https://www.nhs.uk/conditions/stress-anxiety-depression/dealing-with-depression/>

## Upcoming Events

|                                  |                                           |
|----------------------------------|-------------------------------------------|
| <b>1<sup>st</sup> March:</b>     | St David's Day (Welsh)                    |
| <b>5<sup>th</sup> March:</b>     | Women's World Day of Prayer               |
| <b>8<sup>th</sup> March:</b>     | International Women's Day                 |
| <b>11<sup>th</sup> March:</b>    | Maha Shivratri (Hindu)                    |
| <b>11<sup>th</sup> March:</b>    | Lailat al Mi'raj (Muslim)                 |
| <b>14<sup>th</sup> March:</b>    | Mothering Sunday/ Mother's Day            |
| <b>17<sup>th</sup> March:</b>    | St Patrick's Day (Irish)                  |
| <b>20<sup>th</sup> March:</b>    | Spring Equinox/ Ostara (Pagan)            |
| <b>21<sup>st</sup> March:</b>    | Passion Sunday (Christian)                |
| <b>28<sup>th</sup> March:</b>    | Passover (Jewish)                         |
| <b>28<sup>th</sup> March:</b>    | Palm Sunday and Holy Week (Christian)     |
| <b>28<sup>th</sup> March:</b>    | Daylight Savings Time Starts              |
| <b>28/29<sup>th</sup> March:</b> | Holi (Hindu/ Sikh)                        |
| <b>1<sup>st</sup> April:</b>     | Maundy Thursday (Christian)               |
| <b>2<sup>nd</sup> April:</b>     | Good Friday (Christian) (Bank Holiday UK) |
| <b>4<sup>th</sup> April:</b>     | Easter Sunday (Christian)                 |
| <b>5<sup>th</sup> April:</b>     | Easter Bank Holiday Monday (UK)           |
| <b>8<sup>th</sup> April:</b>     | Yom Ha-Shoah (Jewish)                     |
| <b>8<sup>th</sup> April:</b>     | Hanamatsuri (Buddhist, Japanese)          |
| <b>13<sup>th</sup> April:</b>    | Songkran (Buddhist New Year's Day)        |
| <b>13<sup>th</sup> April:</b>    | Start of Ramadan (Muslim)                 |
| <b>23<sup>rd</sup> April:</b>    | St George's Day (Patron Saint of England) |
| <b>30<sup>th</sup> April:</b>    | Beltane (Wiccan/Pagan)                    |
| <b>1<sup>st</sup> May:</b>       | Beltane (Pagan)                           |
| <b>3<sup>rd</sup> May:</b>       | May Day Bank Holiday                      |
| <b>5<sup>th</sup> May:</b>       | Cinco de Mayo (Mexican)                   |
| <b>9-15<sup>th</sup> May:</b>    | Christian Aid Week (Christian)            |
| <b>12<sup>th</sup> May:</b>      | End of Ramadan (Muslim)                   |
| <b>13-16<sup>th</sup> May:</b>   | Eid-ul-Fitr (Muslim)                      |
| <b>23<sup>rd</sup> May:</b>      | Pentecost/Whit Sunday (Christian)         |
| <b>31<sup>st</sup> May:</b>      | Spring Bank Holiday                       |

| MARCH 2021 |    |    |    |    |    |    |
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| 7          | 8  | 9  | 10 | 11 | 12 | 13 |
| 14         | 15 | 16 | 17 | 18 | 19 | 20 |
| 21         | 22 | 23 | 24 | 25 | 26 | 27 |
| 28         | 29 | 30 | 31 |    |    |    |

| APRIL 2021 |    |    |    |    |    |    |
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| 18         | 19 | 20 | 21 | 22 | 23 | 24 |
| 25         | 26 | 27 | 28 | 29 | 30 |    |

| MAY 2021 |    |    |    |    |    |    |
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| 16       | 17 | 18 | 19 | 20 | 21 | 22 |
| 23       | 24 | 25 | 26 | 27 | 28 | 29 |
| 30       | 31 |    |    |    |    |    |